



TITLE III COMMUNITY GRANTS FOR FFY 2022

The Area Agency on Aging (AAA) under the auspices of Elder Services of Cape Cod and the Islands, Inc. promotes and sponsors many services which reach out to all people in the community aged sixty and older. Particular attention is given to rural elderly, elderly with the greatest economic and social need, low-income minority individuals, the severely disabled, limited English speaking elderly, LGBT elders, and people with Alzheimer's or other related dementias and their caregivers. In addition to the Elder Services' in-house programs that serve this population, the AAA distributes Older Americans Act funds to other community agencies/organizations to provide needed care and assistance.

**1. Alzheimer's Family Caregiver Support Center (Title IIID)
(508) 896-5170**

Provides free supportive counseling services to caregivers of people with Alzheimer's and other dementia related illnesses, utilizing state of the art teleconferencing technology to connect on-Cape caregivers, counselors, and long-distance family members. This New York University Caregiver Program is an evidence based program.

**2. Brewster Council on Aging
(508) 896-2737**

Provides funding for a transportation program. Pays mileage for volunteers who drive seniors to medical appointments.

**3. Deaf, Inc
(617) 505-4823 or frontdesk@deafinonline.org**

Provides in-home outreach and support services to deaf, deaf/blind and hard of hearing on Cape and the Islands.

4. HOW (Helping Our Women) (508) 487-4357 <https://helpingourwomen.org>

Transportation to medical appointments for clients and caregivers (Eastham, Wellfleet, Truro, Provincetown)

**5. Martha's Vineyard Community Services
(508) 693-7900**

Provides bi-monthly support groups for caregivers of elders. Also, provides some funding for respite needs while caregiver attends the support group.

6. Martha's Vineyard Community Services

(508) 693-7900

Provides in-home/community short-term assessment, intervention, and referral for mental health and substance abuse issues for elders 60 and over.

7. Mashpee Wampanoag Tribe

(508) 477-0208 Ext. 117

Provides caregiver homemaking services to Wampanoag Tribal Elders within Barnstable County.

8. Nantucket COA/Saltmarsh Center

(508) 228-4490

Home modification for lower income older adults in Nantucket County.

9. Orleans COA

(508)-255-6333

Provides technology classes to older adults: smartphones, tablets, computers

10. Palliative & Supportive Care of Nantucket Foundation

(508) 825-8325

Provides individualized assessment, education, counseling, and referral services for Nantucket caregivers. Can be provided in home or other setting. Also offering caregiver support groups and De-Stressing to Cope Program.

11. South Coastal Counties Legal Services, Inc.

Intake (508) 775-7020

Funds the "Elder Law Project" which provides free civil legal services to seniors on the Cape and Islands through direct services, referral, and community outreach and education.

12. Truro Council on Aging

(508) 487-2462

Provides safe and reliable transportation for their older frail adults to medical and other appointments, including helping seniors attend social activities and avoid isolation.

13. Healthy Living Cape Cod (Partnership with CCHC VNA and ESCCI) (Title III D)

(508) 957-7620

Provides free evidence based programs throughout our community. For example: Matter of Balance, Chronic Disease Self-Management, Fit n Strong and more.